

Prevalence of female sexual dysfunction (FSD) at a gynaecological set.

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Objective: To determine the FSD prevalence and the disorders of the different phases of the sexual response amongst a group of women that consult at gynaecological set.

Patients and Method: From December 2000 to March 2001, a sexual questionnaire was distributed to patients at a gynaecological set in our hospital. This questionnaire considered medical history and sexual response. For the statistical analysis we use Epi Info Version 6.04 for median, mean SE and CI 95% and t test (Statistix 7.0) as corresponded.

Results: We retrieved 184 questionnaires. Mean age was 37.7 years old (range 17-67). Amongst all patients, 40,7 % complaint for hypoactive sexual desire, 26,2 % for subjective arousal disorders, 32,4 % lack of lubrication, 31,5 % anorgasmia, 13,8 % dispareunia and 16,2 % diminished sensitivity of the clitoral area. 25 % of the patients complaint for more than one disorder. The percentage of sexual dissatisfaction was 13,7%. Likewise, 24,4 % acknowledged a sexual problem and among these 66 % are willing to consult. In relation to satisfaction and age, we found those older patients complaint for less satisfaction than younger patients. Average age for sexual satisfaction was 30 years old and for sexual dissatisfaction 41 years old ($p < 0,001$).

Conclusions: The FSD prevalence in this group of patients was around 25% and for the disorders of each phase of the sexual response was higher. Despite this, the dissatisfaction index was low.

Key word: Prevalence, female sexual dysfunction, gynecological set